

Cinderella is the Real Hero!

What excuses could Cinderella have used to keep her from changing? _____

_____.

- If Cinderella had not cooperated with the fairy godmother, the fairy godmother would not have been able to help Cinderella.
- The fairy godmother just helped Cinderella become what she always had the potential to be. But first, Cinderella had to exchange her old beliefs and messages about herself for new ones.

The experience that I had that makes it hard for me to trust is _____

_____.

It is hard for me to cooperate with people or situations that try to help me because _____

_____.

When I trust someone or something I usually end up _____

_____.

For me to be willing to cooperate with _____

_____.

I would have to _____

I am afraid to become what I am capable of being because _____

_____.

I may be willing to work towards that if _____

_____.